

**One Excellence**  
**Reception Weekly Timetable Aspirational Guide Autumn 1**  
*Max input 5-10 minutes - Foundation subjects*

	09.00 – 9.30	09.30-10.15 Free flow	10.15-10.35	10.35 – 10.50	10.50-11.35	10.35-11.45	11.45 – 12.45	12.50 – 13.10	13.10 – 14.40 Free flow	14.40 – 15.20
Monday	Phonics	Motor skills, provision and play snack	Disco dough or large mark making	Handwriting	Maths	Rhyme Time	L U N C H	Collective worship	R.E/ Computing  Provision	Talk through stories
Tuesday	Phonics	Motor skills, provision and play snack	name writing-labelling/ CVC	Handwriting	Maths	Rhyme Time		Collective worship	P.E	Talk through stories
Wednesday	Phonics	Motor skills, provision and play snack	Disco dough or large mark making	Handwriting	Maths	Rhyme Time		Collective worship	History/Geography Provision	Talk through stories
Thursday	Phonics	Motor skills, provision and play snack	name writing-labelling/ CVC	Handwriting	Maths	Rhyme Time		Collective worship	Art/DT  Provision	Talk through stories
Friday PPA PM	Phonics	Motor skills, provision and play snack	Disco dough or large mark making	Handwriting	Maths	Rhyme Time		Collective worship	Science  Provision	Talk through stories

**One Excellence**  
**EYFS Weekly Timetable Aspirational Guide Autumn 1**  
*Max input 5-10 minutes - subjects might be input based only (conversations)*

	09.00 – 9.30	09.30-10.30	10.35 – 10.50	10.50- 11.35	10.35- 11.45	11.45 – 12.45	12.50 – 13.10	13.10 – 14.40	14.40 – 15.10
Monday	Phonics And Blast	Motor skills, provision and play snack	Collective worship	Maths	Rhyme Time	L U N C H	Handwriting	R.E  Provision	Talk through stories
Tuesday	Phonics And Blast	Motor skills, provision and play snack	Collective worship	Maths	Rhyme Time		Handwriting	P.E	Talk through stories
Wednesd	Phonics And Blast	Motor skills, provision and play snack	Collective worship	Maths	Rhyme Time		Handwriting	History  Provision	Talk through stories
Thursday	Phonics And Blast	Motor skills, provision and play snack	Collective worship	Maths	Rhyme Time		Handwriting	DT  Provision	Talk through stories
Friday PPA PM	Phonics And Blast	Motor skills, provision and play snack	Collective worship	Maths	Rhyme Time		Handwriting	Geography  Provision	Talk through stories